

1. Patient Goal: \_\_\_\_
2. STG/LTG: Patient will ambulate \_\_\_\_ feet/minutes with \_\_\_\_ (assistive device) on \_\_\_\_ surfaces with \_\_\_\_ (level of assistance) with \_\_\_\_ (quality of gait) for purpose of \_\_\_\_.
3. STG/LTG: Patient will negotiate \_\_\_\_ stairs with \_\_\_\_ (AD) with \_\_\_\_ (gait technique) with \_\_\_\_ (level of assistance) with \_\_\_\_ (quality) for purpose of \_\_\_\_.
4. STG/LTG: Patient will complete \_\_\_\_ transfer with \_\_\_\_ assistance for (safety, technique, weight shift i.e.,) using \_\_\_\_ (device/DME) for purpose of \_\_\_\_.
5. STG/LTG: Patient will perform bed mobility \_\_\_\_ (type) with \_\_\_\_ assist for \_\_\_\_ (what technique/safety) using \_\_\_\_ (DME) for purpose of \_\_\_\_.
6. STG/LTG: Patient will achieve \_\_\_\_ AROM of \_\_\_\_ (joint) \_\_\_\_ (motion) to enable patient to achieve stated functional goals.
7. STG/LTG: Patient will increase \_\_\_\_ (functional balance test) from \_\_\_\_ to \_\_\_\_ to demonstrate \_\_\_\_ (function)
8. Patient will perform \_\_\_\_ (type of activity) with (PRE/vitals/minutes/O2 sats) improved from \_\_\_\_ to \_\_\_\_ to achieve stated functional goals.
9. Patient/CG will verbalize and demonstrate understanding of diabetic foot care, and the effects of activity/exercise on blood sugar to prevent diabetic complications.
10. Patient will verbalize understanding of ingesting appropriate \_\_\_\_ (amounts/types) of fluids to minimize incontinence.
11. Patient will verbalize understanding of/demonstrate independence with pelvic floor exercises in \_\_\_\_ position to decrease bladder leakage during \_\_\_\_ activities.
12. Patient will verbalize understanding/demonstrate method of bladder retraining \_\_\_\_ (timing, bladder diary, urge control) to minimize incontinence.
13. Patient/CG will demonstrate standard precautions and correct dressing technique using \_\_\_\_ and verbalize understanding of S & S of infection to promote optimal wound healing.
14. Patient will verbalize/demonstrate independent performance of edema control techniques ( ice, elevation, massage, compression garments, exercise, kinesiotaping) to facilitate pain control and ROM at \_\_\_\_ (joint) to achieve stated functional goals.
15. Patient/CG will verbalize/demonstration understanding of high risk medications consisting of \_\_\_\_ to optimize desired effect of the medication and prevent adverse events.
16. Patient/CG will manage level of pain with \_\_\_\_ (ice, meds, CPM, etc) to perform HEP to increase strength/ROM for outcome of \_\_\_\_.

1. Pt. goal: \_\_\_\_
2. Patient will be independent completing grooming (brushing teeth, washing face, shaving, make up application) at \_\_\_\_ level for the purpose of regaining independence in home environment.
3. Pt will complete UE dressing in sitting position with \_\_\_\_ assistance (describe specific assist) in order to regain independence.
4. Pt will complete LE dressing in sitting position with \_\_\_\_ assistance (describe specific assistance) in order to regain independence.
5. STG: Pt will complete UE/LE sponge bath with \_\_\_\_ assistance (describe specific assistance) in order to regain independence.
6. LTG: Pt will complete UE/LE bathing at (walking shower, tube shower) with \_\_\_\_ assistance (describe specific assistance) and -DME in order to regain independence.
7. Pt will complete toilet hygiene with \_\_\_\_ assistance (describe specific assistance) using \_\_\_\_ AE/DME in order to prevent skin breakdown Pt will be able to feed self with \_\_\_\_ assistance (describe specific assistance) using \_\_\_\_ AE/DME in order to gain adequate nutrition
8. Pt will be able to prepare (snack, simple meal) in (sitting/standing) position with \_\_\_\_ assistance (describe specific assistance) in order to maintain independence in home environment.
9. Pt will be able to complete laundry task (upstairs, downstairs, main level) with \_\_\_\_ assistance (describe specific assistance) with \_\_\_\_ AE/DME in order to maintain independence in home environment.
10. Pt will be able to complete homemaking task (vacuum, dusting, unloading dishwasher, ironing) with \_\_\_\_ assistance (describe specific assistance with \_\_\_\_ AE/DME in order to maintain independence in home environment.
11. Pt will be able to transfer in/out of shower/tub with \_\_\_\_ assistance (describe specific assistance) with \_\_\_\_ AE/DME to regain independence in bathroom activities
12. Pt will be able to transfer on/off (toilet, chair, wheelchair) with \_\_\_\_ assistance (describe specific assistance) with \_\_\_\_ AE/DME to regain independence in bathroom activities
13. Pt/caregiver will be independent with carryover of progressive UE HEP/Activity guidelines to enable the patient to achieve stated functional goals
14. Pt will increase ROM of \_\_\_\_ (joint) \_\_\_\_ (motion) from \_\_\_\_ to \_\_\_\_ to enable the patient to achieve stated functional goals (per MD parameter)
15. Pt will be able to manipulate (pills, clothing fasteners) Independently and improve 9 hole peg score from \_\_\_\_ to \_\_\_\_ in order to regain independence in home environment
16. Pt will demonstrate EC/WC techniques including (gathering supplies, pacing of activities, sitting during activity) while completing \_\_\_\_ ADL activity in order to regain independence in the home environment (describe technique).
17. Patient/caregiver will be able to verbalize safety recommendations with ADLS as defined by (Allen Cognitive Level, SLUMS, Short Blessed) test score of \_\_\_\_.
18. Increase Barthel Index score from \_\_\_\_ to \_\_\_\_ to achieve functional stated goals.

19. Patient will improve functional reach from \_\_\_ to \_\_\_ and demonstrate fall prevention strategies of \_\_\_ to reduce risk of falls during ADLS.
20. Patient/caregiver will manage level of pain with (exercise, rest, positioning and medication) to increase tolerance for ADL activity.

## Cognition:

1. LTG: Pt. will demonstrate adequate cognitive linguistic skills related to \_\_\_ by \_\_\_
2. LTG: Pt. will employ compensatory strategies to facilitate (timely) participation with ADLs within environment with 90% trials by \_\_\_\_\_
3. LTG: Pt. will demonstrate increased safety within environment, requiring only intermittent supervision for daily tasks within environment by \_\_\_\_\_
4. LTG: Pt. will utilize compensatory strategies with min assist from caregivers in 90% of trials in increase safety within living environment by \_\_\_\_\_
5. STG: Pt. will locate requested temporal concepts using visual aids to increase ability to self-attend 2 tasks per day by \_\_\_\_\_
6. STG: Pt. will demonstrate 8/10 accuracy with comprehension and use of compensatory memory strategies by \_\_\_\_\_
7. STG: Pt. will demonstrate 8/10 accuracy with sequencing/organization related to \_\_\_ by \_\_\_\_\_
8. STG: Pt. will demonstrate 8/10 accuracy with reasoning/problem solving tasks related to \_\_\_ by \_\_\_\_\_
9. STG: Pt. will sequence then verbalize 3 step picture stimuli to increase safety with common ADL tasks.

## Dysphagia:

1. LTG: Pt. will demonstrate safe and efficient swallow on \_\_\_\_\_ diet with 9/10 accuracy to meet nutritional needs without the risk for aspiration by \_\_\_\_\_.
2. STG: Pt. will demonstrate 8/10 accuracy with the Masako technique to increase the safety and efficiency of the swallow by \_\_\_\_\_.
3. STG: Pt. will demonstrate 8/10 accuracy with the spraglottic swallow to increase the safety and efficiency of the swallow by \_\_\_\_\_.
4. STG: Pt. will demonstrate 8/10 accuracy with the Mendohlson Maneuver to increase the safety and efficiency of the swallow by \_\_\_\_\_.
5. STG: Pt. will participate in the neuromuscular electrical stimulation with 8/10 accuracy with dysphagia exercises to increase the safety and efficiency of the swallow by \_\_\_\_\_
6. STG: Pt. will demonstrate 8/10 accuracy with bolus preparation to increase the safety and efficiency of the swallow by \_\_\_\_\_.
7. STG: Pt. will demonstrate bolus, prep, manipulation and anterior to posterior transfer within \_\_\_\_\_ seconds to increase the safety and efficiency of the swallow by \_\_\_\_\_.
8. STG: Pt. will demonstrate 8/10 accuracy use of appropriate compensatory strategies \_\_\_ to increase the safety and efficiency of the swallow by \_\_\_\_\_.
9. STG: Pt. will demonstrate 8/10 accuracy with appropriate thicken liquids to increase the safety of the swallow by \_\_\_\_\_.
10. STG: Pt. will demonstrate 8/10 accuracy with trials of \_\_\_\_\_ thick liquids without signs or symptoms of aspiration by \_\_\_\_\_.
11. STG: Pt. will demonstrate 8/10 accuracy with diet trials of \_\_\_\_\_ diet without signs or symptoms of aspiration by \_\_\_\_\_.

## Communication:

1. LTG: Pt. will demonstrate intelligible speech at the \_\_\_\_ level in order to meet basic, medical and social needs independently by \_\_\_\_.
2. LTG: Pt. will demonstrate appropriate receptive and expressive language skills to meet basic medical and social needs independently by \_\_\_\_.
3. LTG: Pt. will demonstrate adequate receptive language skills in order to meet basic, medical and social needs independently by \_\_\_\_.
4. LTG: Pt. will demonstrate adequate expressive language skills to meet basic medical and social needs independently by \_\_\_\_.
5. LTG: Pt. will demonstrate improved receptive-expressive language to participate in adult level conversation with unfamiliar listeners at 90% accuracy by \_\_\_\_.
6. LTG: Pt. will demonstrate adequate communication skills to express and understand abstract concepts for medical care, home and community environments in 90% of trials by \_\_\_\_.
7. LTG: Pt. will initiate, maintain, shift and terminate conversational discourse with non-familiar listener with 80% accuracy to increase expression of ideas, emotions and choices by \_\_\_\_.
8. STG: Pt. will name common pictures related to daily activities with 8/10 accuracy by \_\_\_\_.
9. STG: Pt. will complete phrases related to daily activities with 8/10 accuracy by \_\_\_\_.
10. STG: Pt. will demonstrate 8/10 accuracy with automatic sequences by \_\_\_\_.
11. STG: Pt. will use circumlocution strategy 80% of trials to improve word retrieval during conversation by \_\_\_\_.
12. STG: Pt. will comprehend 3 sentence paragraphs (novel information) at 80% accuracy to increase auditory comprehension of spoken language by \_\_\_\_.
13. STG: Pt. will name 5 items within a semantic category when presented with a description or attribute with 90% accuracy to increase word finding skills by \_\_\_\_.
14. STG: Pt. will identify and correct sentence inconsistencies with 90% accuracy to improve receptive language by \_\_\_\_.
15. STG: Pt. will comprehend conversational discourse for 3 exchanges with familiar listeners using self-cuing strategies without assistance.
16. STG: Pt. will respond to "wh" questions with 80% accuracy to increase receptive and expressive language skills by \_\_\_\_.
17. STG: Pt. will respond to yes/no questions with 90% accuracy to increase receptive language skills by \_\_\_\_.
18. STG: Pt. will provide logical response to general "wh" questions without paraphasic errors in 85% of trials to increase self-monitoring communication skills.
19. STG: Patient will demonstrate 8/10 accuracy with word finding tasks to increase expressive language by \_\_\_\_.